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# Important Notice to Our Patients with Anthem Commercial and Medicare Advantage Plans

## Regarding Our Contract Negotiations with Anthem Blue Cross/Blue Shield

Dear Valued Patient,

We are committed to providing you with the highest quality Orthopaedic care. To continue doing so, we are currently negotiating an updated contract with Anthem Blue Cross/Blue Shield. We want to keep you informed about what this means for you.

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### What's Happening?

Our practice is working to secure fair reimbursement rates that allow us to maintain exceptional care standards. These negotiations are common in healthcare and are necessary to ensure sustainability. We anticipate that an agreement will be reached by February 1, 2026.

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### Will This Affect My Care?

At this time, you can continue to see your provider as usual. However, if an agreement is not reached by February 1, 2026, Connecticut Orthopaedics may become **out-of-network** with Anthem Blue Cross/Blue Shield.

If that happens:

- Your insurance may cover a smaller portion of your care.
  - You could have higher out-of-pocket costs.
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### What Should You Do?

- **Stay informed:** We will update you via our website, My Chart Plus and in-office notices.
- **Verify your coverage:** Contact your insurance company to understand your benefits if we become out-of-network.

- **Reach out:** If you have questions, call us at **203-626-0178** or email us at **[cbo@ct-ortho.com](mailto:cbo@ct-ortho.com)**.
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## Upcoming Appointments

If your appointment or surgery is scheduled **before February 1, 2026**, there will be no impact. For visits after that date, we will provide guidance based on the outcome of negotiations.

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## How Can You Help?

You can contact Anthem Member Services and express your desire for Connecticut Orthopaedics to remain in-network. Your voice matters.

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Thank you for trusting us with your care. We appreciate your understanding and support as we work to ensure the best possible outcomes for our patients.